



This is a suggested Guide only

Patient Name			Date of Birth	
DVA No		Medicare No		
Week	Activity	Items		Date Completed
Week 1	CVC Enrolment GPMP/TCA	☐ Enrolment Claim UP01 (can only be claimed once) ☐ 721 - GPMP ☐ 723 if TCA completed ☐ 10997 - PN		
Week 2	Practice visit for follow up of plan establishment	☐ 723 – TCA (If not claimed at week 1) ☐ or 36 (if TCA claimed at week 1) ☐ 10997 - PN		
Week 5-8	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 9-13	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 14	Practice Visit	 □ 36 – GP □ 10997 – PN □ 900 – HMR □ UP03 (there must be 90 days between claims) 		
Week 18 -21	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 22 - 26	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 27	Practice Visit	 □ 732 – GPMP review □ 732 – TCA review □ 10997 – PN □ UP03 (there must be 90 days between claims) 		
Week 31-34	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 35-39	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 40	Practice visit	☐ 36 – GP ☐ 10997 – PN ☐ UP03 (there must be 90 days between claims)		
Week 44-47	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 48 - 52	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 53	Practice visit	 □ 732 – GPMP review □ 732 – TCA review □ 10997 – PN □ UP03 (there must be 90 days between claims) 		
Week 57-61	Practice visit	□ 10997 - PN		
Week 62 - 65	Monthly contact with patient	☐ Attendance Items if contact is a visit		_
Week 66	Practice visit	 □ 36 – GP □ 10997 – PN □ 900 – HMR □ UP03 (there must be 90 days between claims) 		

Week 70 - 73	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 73 - 78	Monthly contact with patient	☐ Attendance Items if contact is a visit		
		☐ 732 – GPMP review		
Week 79	Practice visit	☐ 732 – TCA review		
		□ 10997 – PN		
		☐ UP03 (there must be 90 days between claims)		
Week 83 - 86	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 87 - 91	Monthly contact with patient	☐ Attendance Items if contact is a visit		
	Practice visit	☐ 732 – GPMP review		
Wook 02		☐ 732 – TCA review		
Week 92		□ 10997 – PN		
		☐ UP03 (there must be 90 days between claims)		
Week 96 -99	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 100 - 104	Monthly contact with patient	☐ Attendance Items if contact is a visit		
Week 105	Start new GPMP/TCA and new checklist			

Notes:

Within the DVA CVC Program a self-management Care Plan is complimentary to a GPMP. It is a structured, comprehensive Care Plan that is developed and agreed upon in collaboration between the veteran and their care team to assess and address self-management issues. The care team includes a GP and a nurse coordinator working with the veteran (and their carer if applicable). Care planning, coordination & review are used to focus on supporting self-management of veteran's health in conjunction with their medical management. The self-management Care Plan enables clinicians and veterans to undertake a structured process for assessment of self-management behaviours, collaborative identification of problems & goal setting, leading to development of a collaborative Care Plan that incorporates self-management. Self-management Care Plans include the expressed personal goals of the patient, along with a plan of action as to how these will be achieved.

Re the checklist: It is a guide only

If we are supporting self-management and effective behaviour change we do need to recognise that there will be significant variations in the level of support and interaction that veterans may need. E.g. initial need can include much more than just monthly.

Dates in this schedule are a guide only. Be aware that timing for monthly contact with patient may need adjustment due to variations in the number of days in any given month.

Monthly contact with patients can be either by phone or a consultation. Home visits are highly recommended but are not mandatory.

Please not that there must be a minimum of 90 days between UPO claims.